



# ICEBREAKER

Hi All,

We hope that everyone has got back into their normal routine following the Christmas and New Year break.

Alpine Ice has had a great first term introducing a new Learn to Skate Class on Thursdays to accommodate the growing number of new skaters into the sport.

Easter came a bit earlier than usual this year giving all the children an extra day off school to relax and eat their chocolate.

School holidays are again just around the corner so have a safe and fun time and why not come and visit us here at Alpine Ice? We always look forward to seeing you!

*The Team at Alpine Ice.*

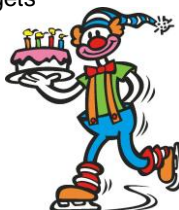


The coolest parties in town

Your party includes

- Admission and skate hire\*
- Hotdog or chicken nuggets
- Soft drink and chips
- Cookie Time
- Party hat
- Chocolate bar

We can even organise your birthday cake



Parties are held in Zamboni's Café at conclusion of skating.

\*Excludes Friday and Saturday nights \$18.00 per person

Less talk... more **action!**

## ALPINE ICE GROUP LESSONS

### TERM 2 2008:

Starting the week of Tuesday 6 May 2008

### LEARN TO SKATE

#### BEGINNERS – BASIC

**TUESDAYS 4.15 – 5.00 pm**  
**THURSDAYS 4.15 – 5.00 pm**  
**SATURDAYS 9.15 – 10.00 am**

#### NOVICE 1 – ADVANCED

**TUESDAYS 4.00 – 5.00 pm**  
**THURSDAYS 4.00 – 5.00 pm**  
**SATURDAYS 9.00 – 10.00 am**

### COMBINATION CLASS

ADULTS & 13+  
LEARN TO SKATE

**WEDNESDAYS 6.30 – 7.15 pm**  
**SATURDAYS 8.15 – 9.00 am**

### OTHER CLASSES

INTRO TO FIGURE  
 INTRO TO DANCE  
 DISABILITY CLASSES

### SYNCHRONISED TEAMS

JUVENILE  
**TUESDAYS 3.30 – 4.00 pm**

Enrol at the office or online  
[www.alpineice.co.nz](http://www.alpineice.co.nz) and ask about our early bird discount.



**Attitude**  
is everything!

## SPEED SKATING

MAINLAND ICE RACING CLUB INVITES YOU!

All new skaters welcome

**Season commencing:**  
 Monday 7 April 2008 till October  
 6.15pm – 7.00pm

**Where:** Alpine Ice Sports  
 495 Brougham Street, Opawa

Please arrive at the rink at 6.00pm

**Cost:** \$10 for 4 weeks

**Cut out this add and present it at the session.**

**What to bring:** cycle helmet, gloves and warm clothing.

Coaching by members of the 4<sup>th</sup> placed 1992 Olympic Team

For further information Contact  
 Fiona 3326756 or  
 Shirlee 0211395857

This section is brought to you by Mainland Ice Racing Club



# Think chilling thoughts!

## TINY TOTS LESSONS

Looking for an exciting activity for your under 5s to try?

Wanting to improve their balance and co-ordination?

**We have the program for YOU!**

Tuesdays  
10.30 – 11.00am  
9 week course.



To book contact Kim Lewis  
Skate School Director on  
ph 366 2213 ext 2 or email  
skateschool@alpineice.co.nz

## COLOURS OF AUTUMN ALPINE ICE TROPHY

Alpine Ice is holding its annual Figure Skating Competition, "Colours of Autumn" Alpine Ice Trophy on Saturday 12 April 2008. Competition starts 12.15pm – 1.45pm then again 4.30 – 7.00pm. A great time is had by all so grab you jackets and beanies and come on down and support the skaters. Free entry.

**Attitude  
is a friend of  
mine!**

## COACH PROFILE

**Name:** Helene Thivierge-Wren

**Age:** 46

**Nationality:** French Canadian from Quebec City

**What is your current involvement in skating?** I currently coach approx 20 hours a week with all levels and all ages of skaters from home school programs to adults, dance and competitors.

**When did you start skating?** I started skating in Quebec City at 10 years of age and completed my Canadian Gold, American Gold and Free Dance levels in Toronto. In later years I have always been involved with skating in a part time coaching capacity for 20 years in Toronto, and in Ottawa for 6 years. I then moved to Christchurch from Ottawa with my family 18 months ago.

**What has given you the greatest sense of satisfaction from skating so far?** Having my students reach over and above their skating goals and additionally I have thoroughly enjoyed getting back to being able to practice my own dance routines.

**What have you gained from being involved in skating on a personal level?** Self discipline, reaching goals, dealing with and overcoming objection, however most of my closest friends have come through my skating connections, both here in NZ and in Canada.

**What other sports and activities do you enjoy?** Skiing, travelling, camping and all the fun preparation. Entertaining at home, reading and keeping in touch with my family and friends.

**Inspired by who?** Kurt Browning, an amazing performer, excellent technique, unique artistic expression and very charismatic. And a really nice guy too! I believe he is the most complete skater. Torvill and Dean, perfectionists in their dance field.

## CANTERBURY MINOR ICE HOCKEY (INC)

Registrations are now being taken for the upcoming season, which officially begins at the start of Term 2 and will run for two terms. If your child has been skating for a while and is looking for a new challenge – this may interest them. We have approximately 150 members aged from 5-17 years and our ice times do not clash with Saturday morning sport (unless they are playing High School Grade).

The opportunities in this sport are huge – with annual New Zealand Nationals Tournaments for U13, U16, U18 teams, an overseas trip around the age of 13 or 14 to a Friendship Tournament and Southern Excursions to Dunedin, Tekapo and Queenstown.

Our Tykes grade which is made up of children aged from 5-9 years old follows the International Ice Hockey Federation programme called "Learn to Play." The sessions are run across the ice – which enables the children to gain better skills without being worn out.

Once the player reaches 10 years old they move into a team situation where a typical week would give them a game and a practise on ice (2x1hour sessions).

Below is the age breakdown for each grade.

**Tykes:** 5 –9 years

**Atoms:** 10 –12 years

**Bantams/Midgets:** 13 years until the year they turn 17



(our year is taken up to the 31<sup>st</sup> of December)

We have an extensive Hire Pool of gear, which we loan at a very reasonable rate, and the annual fees are able to be paid off as a monthly automatic payment.

If you would like more information please phone Kasheen Kennedy at 351-2222 or email: [The.Kennedys@xtra.co.nz](mailto:The.Kennedys@xtra.co.nz)

This section is brought to you by the Canterbury Ice Hockey Association.

**For submissions to "ICEBREAKER" - Please contact Kim Lewis:  
(03) 366 2213 ext 2 or email information to office@alpineice.co.nz**